

MGM GIRLS & BOYS BASKETBALL
PRE-SEASON WORKOUTS

****YOU MAY NOT ATTEND IF WE DO NOT HAVE A PHYSICAL
FOR YOU!**

****WE WILL BEGIN AT 3:45 AND END PROMPTLY AT 5:15.**

***** THIS IS NOT MANDATORY TO MAKE THE TEAM
TRYOUTS WILL BE ANNOUNCED AT A LATER DATE!**

****PLEASE ARRANGE FOR YOUR RIDE TO PICK YOU UP IN
THE BUS LOOP AT 5:15.**

BELOW ARE THE DATES THAT WE WILL HAVE
CONDITIONING AND OPEN GYM:

****CONDITIONING**

Tuesday 9/12

Thursday 9/14

Thursday 9/21

Thursday 9/28

****OPEN GYM ON FRIDAYS**

9/8

9/15

9/22

9/29

10/13

****WORKOUTS MAY BE CANCELLED AT ANY TIME.**PLEASE
SEE COACH COBB OR COACH TAYLOR FOR MORE INFO.**